



BCMS WINTER MENU

BREAKFAST



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	POPTART AND CEREAL FRUIT OJ/ MILK	SCRAMBLED EGGS TOAST BACON FRUIT OJ/MILK	BREAKFAST PIZZA FRUIT OJ/MILK	CHICKEN & BISCUIT FRUIT OJ/MILK	MINI PANCAKE DIPPERS SYRUP FRUIT OJ/MILK
WEEK 2	CINNAMON ROLL FRUIT OJ/MILK	SAUSAGE& BISCUIT FRUIT OJ/MILK	BREAKFAST PIZZA FRUIT OJ/MILK	PANCAKE ON A STICK FRUIT OJ/MILK	BACON&EGG BISCUIT FRUIT OJ/MILK
WEEK 3	DONUTS FRUIT OJ/MILK	CHICKEN & BISCUIT FRUIT OJ/MILK	BREAKFAST PIZZA FRUIT OJ/MILK	BISCUIT W/GRAVY FRUIT OJ/MILK	OMELET W/ SALSA TOAST/JELLY CEREAL FRUIT OJ/MILK
WEEK 4	MUFFIN YOGURT FRUIT OJ/MILK	MINI PANCAKE DIPPERS SYRUP FRUIT OJ/MILK	BREAKFAST PIZZA FRUIT OJ/MILK	EGG SANDWICH W/ CHEESE ON BUN FRUIT OJ/MILK	BREAKFAST BURRITO FRUIT OJ/MILK

*EVERYDAY OPTION 2- CEREAL VARIETY & TOAST

NOVEMBER, DECEMBER, JANUARY



BCMS WINTER MENU

LUNCH



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	CHICKEN NUGGETS SMILEY FRIES BROCCOLI APPLE SLICES OJ/ MILK	CHRUNCHERS GARDEN SALAD WANGO MANGO MIXED FRUIT OJ/MILK	CHEESEBURGER ON BUN LETTUCE & TOMATO BAKED BEANS BAKED CHIPS BANANA OJ/MILK	CHICKEN QUESADILLA CORN CUCUMBER SLICES GRAPES OJ/MILK	SALISBURY STEAK GRAVY MASHED POTATOES GREEN BEANS TROPICAL FRUIT OJ/MILK
WEEK 2	BONELESS CHICKEN WINGS CURLY FRIES GARDEN SALAD ORANGE OJ/MILK	PORK CHOPS MASHED POTATOES GREEN BEANS ROLLS GRAPES OJ/MILK	POTATO SOUP W/ CRACKERS GRILLED CHEESE FRESH VEGGIE CUP BANANA OJ/MILK	CHILLI DOG BAKED BEANS STEAMED CARROTS PEACHES OJ/MILK	STUFFED BREADSTICKS CELERY STICKS CORN APPLE JUICE CUP / OJ MILK
WEEK 3	CHEESE PIZZA GARDEN SALAD CHIPS & SALSA FRESH APPLE OJ/MILK	PULLED PORK BBQ ON BUN SCALLOPED POTATOES GLAZED CARROTS PINEAPPLE OJ/MILK	POPCORN CHICKEN CARROTS BAKED BEANS RICE KRISPY TREAT BANANA OJ/MILK	BOSCO STICKS (2) CURLY FRIES FRESH VEGGIE CUP GO BIG YOGURT APPLE SLICES OJ/MILK	VEGETABLE SOUP W/ CRACKERS GRILLED CHEESE BROCCOLI / CARROT STICKS ORANGE OJ/MILK
WEEK 4	WALKING TACO / CHIPS SALSA REFRIED BEANS SALAD APPLE SAUCE OJ/MILK	PIZZA GARDEN SALAD SHOEPEG CORN COOKIE MANDARIN ORANGE OJ/MILK	MINI CORN DOGS FRENCH FRIES GLAZED CARROTS BANANA OJ/MILK	CHILLI W/ CRACKERS GRILLED CHEESE CELERY STICKS PEACHES OJ/MILK	CHICKEN TENDERS MASHED POTATOES GREEN BEANS ROLLS PINEAPPLE OJ/MILK

* ALL LUNCHES SERVED WITH CHOICE OF FRUIT AND MILK *

** ALL MENUS ARE SUBJECT TO CHANGE DUE TO FOOD SHORTAGE **

NOVEMBER, DECEMBER, JANUARY